

CENTRAL GIPPSLAND HEALTH

Consumer Information



CGH Volunteers

Volunteers at Central Gippsland Health (CGH) are required to have a clear Fit2Work (police check) prior to commencement. CGH will pay for these checks.

Aged Care

Aged Care volunteers provide assistance to residents in our aged care facilities. Volunteers support residents to participate in activities under the direction of the nominated supervisor/activities coordinator.

Volunteers can drive residents to activities using CGH vehicles, including buses. Driving is coordinated through Wilson Lodge, Laurina Lodge, Stretton Park, and Maffra Hospital.

Delivered Meals (*Meals on Wheels*)

Delivered Meals volunteers assist CGH with the delivery of meals in Sale, Maffra, Rosedale, and Heyfield areas.

Delivered Meals aim is to assist the elderly and those with disabilities to remain living independently for as long as possible.

Volunteers often alert their supervisors if a client's health is deteriorating. This early intervention along with prompt medical attention can often prevent hospitalisation or in some cases, permanent care.

Driving

Driving volunteers support clients/residents/patients to get to and from medical appointments locally, regionally and to metropolitan hospitals and medical clinics.

Local Driving

- Volunteers drive clients to and from medical appointments within Sale and immediate surrounds using their own vehicle.

Long Distance (Community Transport)

- Volunteers drive clients to and from medical appointments to local, regional and Melbourne hospitals, and Medical Clinics using a CGH vehicle.

Maffra Mini Care

- Volunteers drive clients to and from medical appointments from Maffra and surrounding areas to Sale, using their own vehicles.

Families Forward

Families Forward is coordinated through the Maternal & Child Health service.

The Families Forward volunteer supports families with young children who request additional assistance. The Maternal & Child Health nurses, with the families, develop a plan which the Families Forward volunteer will help to implement. The volunteer may assist in the family's home or the community and is a key part of the Maternal and Child Health Team.

CGH Volunteers

Friendly Visitor

The Friendly Visitor volunteer provides regular one on one support to members in the community who are frail aged.

This occurs within the principles of care coordination, where patients/clients/residents have access to a highly coordinated health care and community support system.

Palliative Care

Palliative Care volunteers are part of the Palliative Care Team who strengthens the ability of an ill person to cope with life and provide companionship and support for families and those who are ill, aged and Palliative long term and short term.

Volunteers provide companionship and direct support to clients, carers and their families as part of a multidisciplinary team.

The volunteer gives support identified by the clients and their families in consultation with Palliative Care staff.

Flexibility and sensitivity are essential qualities within this role.

Pink Ladies

Pink Lady volunteers maintain patient's flowers whilst they are in hospital. Pink Ladies are based at the Sale Hospital. Volunteers come into each ward and tend to the patients flowers from Monday to Friday.

Planned Activity Groups

Volunteers assist the Planned Activity Group staff to conduct activities that are both physical and mentally stimulating for clients.

Ward Support

Volunteers work within an acute clinical setting and are required to work as part of a large multidisciplinary team. Volunteers need to understand and operate in a work environment driven by the need to meet quality and safety guidelines.

Volunteers provide support to patients and staff as requested by the Nurse Unit Manager preferably between Monday to Friday during office hours with an emphasis during meal times.

**Volunteers are very valued by CGH and encourage anyone
interested to contact the Community Network and Volunteer**

Support Officer 5143 8833