



WILSON LODGE

Central Gippsland Health

NOVEMBER

With COVID-19 restrictions easing bus trips were able to recommence, with residents enjoying a trip to Seaspray.

With Christmas fast approaching residents have been working hard to make centrepieces for the Christmas party. Residents are scheduled to go Christmas light looking later in the month.

Wilson Lodge have invested in a self-propelled electric wheelchair for residents to use and provide additional independence. A media release regarding this purchase will follow.



ACTIVITIES

Residents have been enjoying a range of different activities throughout November. We have recommenced the walking group with those enjoying walking around the lake of a morning. All have enjoyed the exercise as well as the wonderful wildlife the botanical garden has to offer.

Residents have visited Ireland, Darwin and parts of Tasmania through arm chair travel, and reminisced about countries they have travelled too in the past.

The ‘This day in history’ program talks about past times, famous people and inventions dating back hundreds of years, this program is thoroughly enjoyed by residents.

Cooking group is going strong with the residents cooking Cream Cones, Lamingtons, Jam Drop biscuits and Pizza this month. December’s cooking will include White Christmas slice, Short bread biscuits and Rum balls.

This month also included a BBQ; the weather was perfect and everyone was able to sit outside and enjoy the garden.

LEISURE LIFESTYLE SURVEY

An updated electronic survey on the the leisure and lifestyle options available to residents can be accessed by clicking the following link:

<https://www.surveymonkey.com/r/6WSBWF6>

The aim of this survey is to give residents the opporunity to participate in the 2021 activity structure and calendar of events.

We value and look forward to all feedback.

Should you wish to participate and are experiencing some technical issues, please speak with some of our administration staff.

Morris, our resident gardener provided a talk on his much-loved orchids. Fellow residents enjoyed this informative session.



A. Guthridge Parade, Sale, Victoria, Australia

P. 03 5143 8540

W. www.cghs.com.au
wilson.lodge@cghs.com.au