

# AGED CARE MONTHLY

NEWSLETTER - APRIL 2021



## TO OUR RESIDENTS, CLIENTS, FAMILIES & CARERS

What a month April has been!

This month we have said farewell to both Heyfield and Maffra, Nurse Unit Managers Christine and Lachlan. I wish to acknowledge their significant contributions to our Aged Care Network and wish them all the best for the future.

Wilson Lodge underwent a full three (3) day Accreditation of which we received a glowing review and comment that we are leaders in the Aged Care sector. This is an incredible result and I would like to thank the Aged Care team for the outstanding work that they do!

COVID vaccinations have commenced across all our sites. Please be advised that COVID vaccinations will be made available to community members from 26 May 2021. Booking can be made via the COVID hotline booking centre.

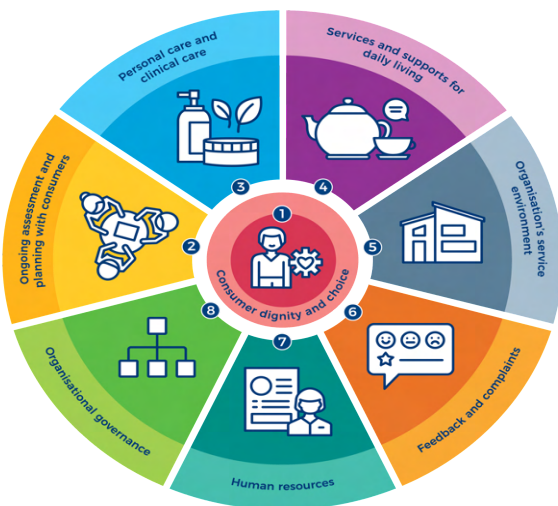
As always thank you for your support.

Regards

Sally Weatherley  
Acting Executive Director Aged & Ambulatory Care

# COVIDSAFE HABITS

- **WASH YOUR HANDS** often with soap and running water for at least 20 seconds. Dry your hands with a paper towel or hand dryer.
- **USE AN ALCOHOL-BASED HAND SANITISER** with over 60 per cent alcohol.
- **COVER YOUR COUGH OR SNEEZE** into your elbow.
- **CARRY A FACE MASK** with you when you leave home. Wearing a face mask is recommended when at a private gathering and outdoors when you can't keep 1.5 metres distance from other people.
- **YOU MUST WEAR A FACE MASK** on public transport, in taxis, ride share vehicles, tour vehicles, at airports and during flights to and from Victoria.
- **DON'T TOUCH** your eyes, nose or mouth – or your face mask, if you're wearing one.
- **IF YOU FEEL UNWELL** stay home. Call your GP or the Coronavirus (COVID-19) hotline on 1800 675 398 for advice.
- **GET TESTED** if you have COVID-19 symptoms. Go straight home and isolate while you wait for your results.
- **REMEMBER**, if you're seeing friends and family – it's safer to meet outdoors.
- **CONTINUE HEALTH HABITS**. Exercise, eat a balanced diet, get plenty of sleep and stay connected. Quit smoking (Quitline 137 848).



## AGED CARE QUALITY STANDARDS

On 1 July 2019, the Aged Care Quality Standards came into effect. They apply to all Government subsidised aged care services. The Quality Standards clearly define what good aged care looks like and what you can expect from us.

Please use the following link for a short video on what these standards mean for you:

<https://www.youtube.com/watch?v=eYdDspfxJqM&t=66s>

### STANDARD 1: Consumer dignity and choice

I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services and live the life I choose.





# LAURINA LODGE

Central Gippsland Health

April was another exciting month for residents.

## ANZAC DAY

Anzac Day is a very special day of remembrance, in which we are able to honour and acknowledge those who have served in military operations.

This year at Laurina Lodge a flag raising ceremony and minute of silence was held whilst listening to the last post.

Lest we forget.

## GAZEBO

The Gazebo project has been finalised, for further details on this media release please use the following link:

<http://www.cghs.com.au/news/generous-donation-for-a-special-place/>

## ACCREDITATION

Due to COVID-19 Accreditation for Laurina Lodge has been extended to 2022.

## FAREWELL

Laurina Lodge sadly farewells Nurse Unit Manager, Christine Sheehy. We wish to thank Christine for the contributions and care she has provided to all residents and staff and we wish her well on her future endeavours.

All the best!



## ACTIVITIES

This month residents enjoyed carpet bowls with our volunteers.

Peter has been working closely with the Heyfield Men's Shed each Wednesday and has finished creating a fantastic coffee table.





# McDONALD WING

Central Gippsland Health

April was another exciting month for residents.

## ANZAC DAY

Anzac Day is a very special day of remembrance, in which we are able to honour and acknowledge those who have served in military operations.

This year at McDonald Wing a flag raising ceremony and minute of silence was held whilst listening to the last post.

Lest we forget.

## ACTIVITIES

This month residents enjoyed a walk around the block and group cooking activities. The Jam drops were a hit!

The Easter Bunny visited, delivering a special surprise to all.

## FAREWELL

McDonald Wing sadly farewells Nurse Unit Manager, Lachlan Hardy. We wish to thank Lachlan for the contributions and care he has provided to all residents and staff and we wish him well on all future endeavours.

All the best!





# STRETTON PARK

Central Gippsland Health

April was another exciting month for residents.

## ANZAC DAY

Anzac Day is a very special day of remembrance, in which we are able to honour and acknowledge those who have served in military operations.

This year at Stretton Park a flag raising ceremony and minute of silence was held whilst listening to the last post.

Lest we forget.

## RESPIRATORY OUTBREAK

Thank you for your continued support during the Respiratory Outbreak, your compassion and understanding makes navigating challenging time much easier.

## ACCREDITATION

Stretton Park is scheduled for accreditation in the next year.

## REDEVELOPMENT WORKS

Redevelopment works on the next 6 resident rooms has now commenced.

We anticipate that this next stage of construction will progress very quickly.

We appreciate residents and their working with us to enable the build to move forward.





# WILSON LODGE

Central Gippsland Health

April was another exciting month for residents.

## ANZAC DAY

Anzac Day is a very special day of remembrance, in which we are able to honour and acknowledge those who have served in military operations.

This year at Wilson Lodge a flag raising ceremony and minute of silence was held whilst listening to the last post.

Lest we forget.

## ACCREDITATION

Wilson Lodge underwent Accreditation this month, receiving a glowing report and acknowledgement that we are leaders in the Aged Care sector.

## ACTIVITIES

This month residents thoroughly enjoyed Pet Therapy afternoons. This is always a fan favourite!

The new Happy Hour trolley has arrived, residents look forward to new lolly and icecream afternoons.

Denis and Margaret Adams provided signing and poetry entertainment.

